

Keep A Child



OPERATION ORPHAN RESOURCE



ABOUT OPERATION ORPHAN

Operation Orphan is a local charity that does amazing work to improve the quality of life for orphans and vulnerable children all over the world.

Their vision is to improve the quality of life for orphans and vulnerable children in a holistic, culturally relevant and sustainable way. Their mission is to invest in the safety, nurture, development and overall well-being of orphans and vulnerable children. Their aim is to develop a substantial resource of finance, products and professional skill in the following five streams:

- **Sustainable Development** - Helping partner projects, communities, families or individuals become as self-sufficient as possible.
- **Education** - Ensuring children have access to quality education.
- **Health Care** - Ensuring children have access to quality health care.
- **Poverty Relief** - Providing basic services for communities, families or individuals who are in crisis, ensuring they have access to clean water, quality nutrition and appropriate sanitation provision.
- **Spiritual and Psychosocial** - Working with churches and support groups to deliver a quality response to the multitude of unseen human needs both through direct care and training.

Visit the [Operation Orphan website](#) to find out more.

OUR PARTNERSHIP

In partnership with Operation Orphan, we want to help raise awareness about the charity and the beneficial work they do. That's why we are launching a very special **Keep a Child... resource**, with exciting challenges for you to complete with your units. Each challenge is suitable for all sections and is designed to fit easily into your unit programme.

From January - May 2016, we'll be asking you to take part in one challenge per month. We'll also be asking you to share pictures, videos and stories via Facebook and Twitter to help spread the word about Operation Orphan and hopefully get other people talking about it too. You can use the hashtag **#KeepaChild** to stay part of the conversation and see how other units are getting on. Raising awareness about Operation Orphan is really important - it can have a huge impact by encouraging others to get involved.

There is also a dedicated url to the [donation page of the Operation Orphan site](#), so we'll be able to see how much has been donated, whether through unit's raising money or from people who have seen our posts about the challenges on social media.

There's also a badge to go along with the resource. There are five challenges in total - four of which count towards your unit getting their badge. The World Thinking Day Challenge is optional, but we would encourage all units to take part.

THE KEEP A CHILD... RESOURCE

In this resource you'll find details about five challenges taking place from January - May 2016. We'll be asking you to take part in one challenge per month. Each challenge is designed to fit easily into your unit programme and is suitable for members of all ages.



KEEP A CHILD... WARM

JANUARY CHALLENGE

To coincide with National Keep a Child Warm Week, taking place from 24 - 31 January, we're challenging your girls to put on as many items of clothing as they can in just 5 minutes!

In European countries, winter temperatures remain below freezing. Many children are without a coat and the ability to keep warm. With no heating and inadequate clothing, children are at risk and extremely vulnerable. This challenge is a fun way of raising awareness and funds to help us **Keep a Child...Warm**.

You'll need:

- Lots of items of clothing. Use baggy larger sized items and try not to use anything that will cover your face.
- Someone who can time you and record the number of items of clothing you put on.
- A pen and paper.
- A timer.

Girls could ask their parents, friends and family to sponsor them per item of clothing.

You can also get involved by posting pictures on Facebook and Twitter using the hashtag **#KeepaChild**, to help raise awareness about the amazing work the charity do!

You can register your unit to take part in this challenge via the [Operation Orphan website](#). This isn't obligatory, but it only takes a moment and will help us to know who is taking part and how much money has been raised should your girls decide to be sponsored. If you do decide to register you will receive a pack containing the safety guidelines, risk assessments and sponsorship forms. You'll also receive a certificate, after the challenge, as a thank you for taking part.

If you do decide to raise money during this challenge, then please ensure that any donations are clearly referenced with **Girlguiding Nottinghamshire**, followed by your **unit name**.

If you decide to post your photos on Facebook and Twitter, make sure you have the correct photo permissions in place, as photos should not be posted on social media without these permissions.

Remember to use social media accounts responsibly - read Girlguiding UK's [Communications and Online Safety Guidelines](#), for more information and guidance.



WORLD THINKING DAY CHALLENGE

FEBRUARY CHALLENGE

Operation Orphan work with children in countries all over the world - including Europe, Africa, Asia, the Middle East and the Caribbean.

World Thinking Day is one of the most significant dates in the guiding calendar. It is celebrated each year on 22 February, which was the birthday of both Robert Baden-Powell and his wife, the former World Chief Guide, Olave Baden-Powell. On the day, Guides and Girl Scouts everywhere think of each other and of their commitment to international friendship and understanding.

Can you get your message across the globe? On Thinking Day, write a message to say that your unit are thinking about Rainbows / Brownies / Guides / Senior Section in another country. Take a photo of your unit members holding the message and post it on a guiding Facebook page - see how far you can get your message shared across the world.

Make sure you have the correct photo permissions in place if you are sharing photos of your girls on a guiding Facebook account. If you aren't sure then ask a leader or an adult volunteer to be pictured holding the message instead.

You will need:

- A pen and paper
- A camera or phone to use to take a photograph
- A guiding Facebook account - this could be a Unit, District or Division page.
- If you'd prefer not to use your local guiding page or you do not have a guiding Facebook page for your area, then email your photo to the County PR Team at pr@girlguidingnottinghamshire.org.uk who will be collecting messages to share as a photo album on the [County Facebook page](#) on Thinking Day. If you decide to do this instead, then why not send photos of how your unit celebrated Thinking Day? **Make sure you have the correct photo permissions in place, as photos should not be posted on social media without the correct permissions.**

Remember to use the hashtag **#KeepaChild**, to help raise awareness about Operation Orphan. And to stay part of the conversation and see how other units are getting on.

Why not do this as part of your unit's Thinking Day celebrations. It can be easily included as an activity during a unit meeting. You could also get your girls to decorate the message to make it colourful and really stand out.

Find out more about [World Thinking Day](#) and how it is started.

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KEEP A CHILD... LEARNING

MARCH CHALLENGE

Operation Orphan are committed to ensuring children in their care have access to primary and where possible, secondary school and vocational training.

How many books can you balance on your head... and how far can you walk with those books on your head? This is a fun and easy way to raise awareness and to help **Keep a Child... Learning**.

You will need:

- Lots of paperback books (hardback books might be too heavy for younger members). Why not ask your girls to bring in their favourite books or books that they enjoy reading.
- A tape measure to measure the distance walked.
- A pen and paper to record the amount of books on heads and the distance walked.

Don't forget that you can also get involved by posting pictures on Facebook and Twitter using the hashtag **#KeepaChild**, to help raise awareness.

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KEEP A CHILD... HEALTHY

APRIL CHALLENGE

Operation Orphan are committed to ensuring children in their care are fed, have access to basic health care, and are part of a loving and nurturing environment, that looks after both their tangible and intangible needs.

What's the healthiest snack you can make with your unit? Why not ask your girls to research ideas for healthy snacks or bring cook books to your meeting and see what they can find. You could make a fruit or savoury salad, juice drink or fruit smoothie? There are also plenty of ideas on the BBC website. Try these websites:

- <http://www.bbcgoodfood.com/recipes/collection/snacks-kids>
- <http://www.bbcgoodfood.com/recipes/collection/healthy-snack>

Get involved by posting pictures on Facebook and Twitter using the hashtag #KeepaChild, to help us spread the word about the great work that the charity do all over the world.

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KEEP A CHILD... SAFE

MAY CHALLENGE

Where children are orphaned through a sudden disaster, natural or manmade, Operation Orphan do all they can to ensure these children are identified, supported and connected to a safe and loving care structure.

Ask your girls to build a shelter out of recyclable materials. You can do this at your unit meeting place, or perhaps during a camp or fun day. If you're coming to Mega May Fest, then why not bring your materials so you can build your shelter there? Challenge your girls to build a shelter that will stay up when they get inside it - then test it out!

What you'll need:

- Recyclable materials - this could be cardboard, drinks cartons, plastic bags or sheets. Make sure the materials are clean and dry.
- Masking tape or parcel tape to help hold the shelter together.

Remember to take down the shelter and put the materials in a recycling bin.

Remember that you can get involved by posting pictures on Facebook and Twitter using the hashtag **#KeepaChild**. We want to raise as much awareness about the charity as possible, to encourage others to take part too!

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