



Risk Assessment Form

Event/Activity : Grass Sledging					Date : November 2017 - To be reviewed November 2018	
Hazard	Who is affected	What controls are in place?	Risk level (L/M/H)	Are further controls necessary?	Action by and date	Review by and date
Lifting and carrying sledges to and from container- muscle strain	Supervising Adults	<ul style="list-style-type: none"> Store on mid/lower shelving Safe manual handling techniques by supervising adults - 2 adults per sledge to lift 	Low	No		
Slips trips and falls whilst carrying sledges	Supervising Adults	<ul style="list-style-type: none"> Ensure safe lifting techniques are used with sufficient number of people lifting 2 adult's YL's per sledge Clear trip hazards from area before accessing Ensure carry handle is inside the sledge and not dragging on the ground 	Low	No		
Slips trips and falls whilst towing sledges	Supervising Adults	Sledge should be dragged across grass only using the towing handle fitted	Low	No		
Slips trips and falls whilst accessing sledges	Participants	Follow guidance on how to access sledge	Low	No		

Moving parts Trapped fingers in runners - bruising	Participants	<ul style="list-style-type: none"> • Use as per guidelines issued when booking • Do not put fingers inside moving tracks on sledges • User must keep hands inside the sledge when riding, hold handles during travel • Gloves should be worn (need to supply own due to hygiene) • Active and firm group control/supervision 	Low	No		
Trapping fingers between sledge and another sledge while running	Participants	<ul style="list-style-type: none"> • Use as per guidelines issued when booking • Gloves should be worn (need to supply own due to hygiene) • User must keep hands inside the sledge when riding, hold handles during travel • Run one sledge at a time if more than one sledge is being used ensure they run parallel 	Low	No		
Collisions with other sledge/other riders	Participants	<ul style="list-style-type: none"> • Use as per guidelines issued when booking leaders to brief participants as to how to use sledge prior to session starting • Participants to wear helmets while riding • Ensure slope is clear before commencing run • Active and firm group control/supervision • One seated rider per sledge • Do not use head first 	Low	No		
Collisions with bystanders participants	Participants Bystanders	<ul style="list-style-type: none"> • Use as per guidelines issued when booking • Establish sledging area and cordon off area for bystanders • Establish route for re climbing slope • Ensure route is clear of bystanders/pedestrians before initiating run 	Low	No		

		<ul style="list-style-type: none"> Sledge can be given a controlled push off by one bystander Do not ride head first 				
Collisions with trees, structures, debris, molehills and rabbit holes on the track Head injuries broken limbs whiplash	Participants	<ul style="list-style-type: none"> Use as per guidelines issued when booking Use safety helmets Ensure slope is clear before commencing run Adverse speeds - do not permit participants to run down the slope behind sledges or pushing a sledge Heavier sledges travel further do a trial run before session start to ensure you have a large enough safe area Instruct all use to brake in a timely manner to avoid collisions Users should wear sturdy footwear to ensure safety when walking up slope towing sledge No open toes sandals, flip flops, crocs or bare feet 	Low	No		
Roll over due to bumps, molehills, rabbit holes, debris on sledge run or sledge malfunction or excessive speed	Participants	<ul style="list-style-type: none"> Check equipment is in good order prior to use Use as per guidelines issued when booking Use safety helmets Walk planned track way before use and remove and debris or obstructions Do not permit participants to run down the slope pushing a sledge 	Low	No		
Slips, trip and falls whilst alighting from sledge	Participants	Follow guidance on method of alighting	Low	No		
Slippery ground conditions	Participants Bystanders	<ul style="list-style-type: none"> Assess ground conditions if slippery/wet postpone activity till conditions improve Monitor conditions during activity during use. Cancel activity if conditions are dangerous 	Med	No		

Additional control measure required

- 1 - All group leaders to read conditions of use and risk assessment and brief all participants on procedures for use**
- 2- Ensure participants are wearing suitable clothing, loose enough for free movement but with no flapping bits that may become entangled, remove lanyards, and long hanging jewellery and necker's from around the neck**
- 3 - Tie long hair back to prevent entanglement**
- 4 - Leaders to review effectiveness of all controls and capabilities of operators during sessions**
- 5 - Record accident/near miss and maintenance/ damage in the record/log book to ensure communication with site warden and assist site management with Health and Safety reviews**

November 2017