



Elton Grass Sledges Conditions for Use

This document should be read, signed and returned to Girlguiding Nottinghamshire HQ prior to your visit.

A key for the activity container holding the grass sledges can be found within each property. Details will be sent prior to your visit.

The responsible adult supervising the grass sledging session agrees to: -

1. Read the Grass Sledging Risk Assessment. A copy is within the file kept in each site building and is available on the Girlguiding Nottinghamshire website.
2. Prior to the activity the responsible adult will: -
 - Check the course for any obstacles before use e.g. stones
 - Visually check the sledges and safety equipment. Any faults or damage should be recorded on the check-out sheet which is to be completed at the end of your visit/event.
3. The responsible adult must give the group a pre talk on sledge use and safety. This should include the following: -
 - Sledges should only be used on the grass slopes.
 - Sledges must be carried over hard standing and rough surfaces and only pulled along the ground when on the grass.
 - Once on the grass the sledges must be towed without passengers.
 - Only one person is permitted on each sledge at a time. Ensure person one is out of the way before person two goes down the slope and so on.
 - Keep fingers and hands out of moving tracks on the sledges.
 - Hold the handles inside the sledge, not onto the outside or the tow cord when sledging.
 - A person may have a push off from another person at the top of the slope but **NO** running down the slope pushing a sledge.
 - Safety helmets are provided - these **MUST** be used.
 - It is recommended that you bring your own gloves.
 - Long hair should be tied back and check there is no loose clothing, jewellery, etc.
 - Adequate footwear should be worn to ensure there are no injuries when braking.
 - Ensure that the pulling handle is not being dragged along the ground when the sledges are in use.
4. Misuse of the equipment which results in damage may incur a financial contribution to repairs required. Maintenance is carried out by the Campsite Warden.
5. Girlguiding UK and Girlguiding Nottinghamshire Elton Management Committee accept no responsibility for damage or injury resulting from the use of the grass sledges.

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Please sign and return this section only to: -
Girlguiding Nottinghamshire HQ, 16-18 Burton Road, Carlton, Nottingham, NG4 3DF

Group (please print)

Leader's Name / Group Main Contact (please print).....

I have read and understood these conditions and agree to comply with them.

Signed Date.....